

Oxfordshire Early Years Coronavirus Update Thursday 9 April 2020

Dear Early Years Colleagues

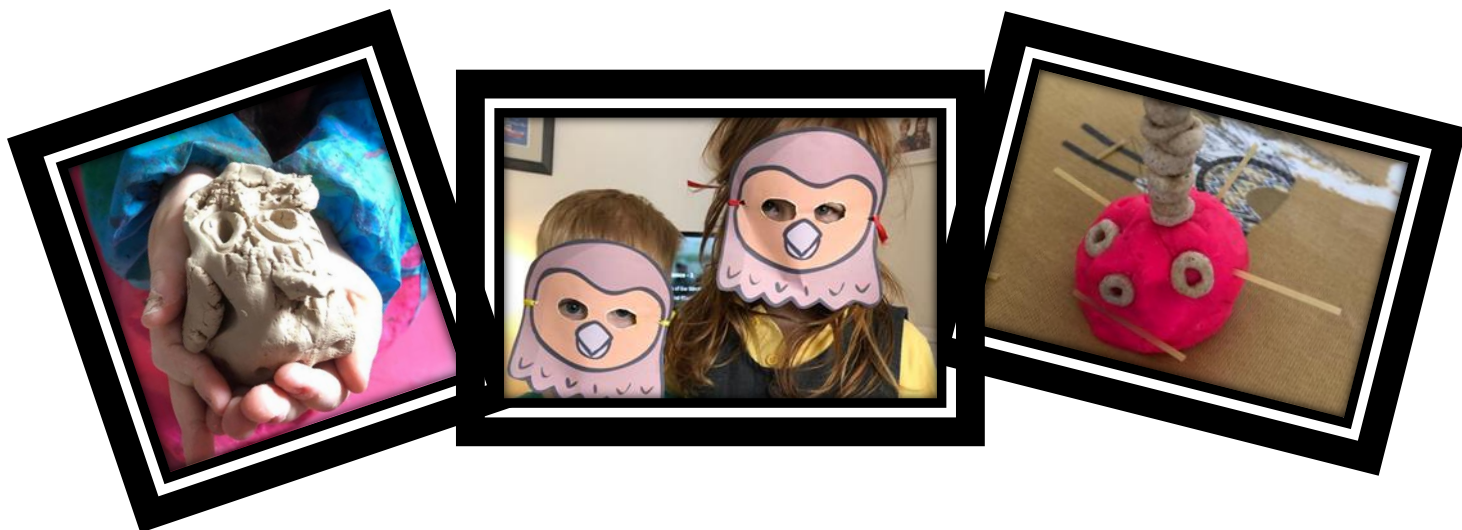
As this week comes to a close, we just wanted to share a few things with you.

Yesterday, Oxford Health launched a 24/7 Mental Health helpline for the general public. <https://www.oxfordhealth.nhs.uk/news/24-7-mental-health-helpline-replaces-111-in-oxfordshire-and-buckinghamshire/>

You can find further guidance on supporting health and wellbeing here.

- ❖ [Guidance for the public on the mental health and wellbeing aspects of coronavirus \(COVID-19\)](#)
- ❖ Guidance for parents and carers on supporting children and young people's mental health and wellbeing during the coronavirus (COVID-19) outbreak - [Guidance for parents and carers on supporting children and young people's mental health and wellbeing during the coronavirus \(COVID-19\) outbreak](#) – this includes guidance for CYP with LD, Autism and physical health conditions
- ❖ Every Mind Matters including **videos** featuring Dr Hilary Jones and **animated social assets** which are now available to download on the [Campaign Resource Centre](#).
- ❖ <https://www.nhs.uk/oneyou/every-mind-matters/>

Here are a few examples of home learning which have been shared with us.



Best wishes for the weekend

The Early Years Team

